

ATTACK THE SOCK

CUFF DOWN SOCK PATTERN

By A. R. Gergler



This is a cuff down sock pattern written for double pointed needles, but it can be adapted to magic loop. This pattern uses two color stranded color work and includes sections where the color not in use will be floated along the wrong side. This sock should be knit at a looser gauge than your normal socks to ensure stretch in the sock.

MATERIALS

MC – 80g of black fingering weight yarn

CC – 40g of aqua/green/blue fingering weight yarn

Stitch markers

US 1 – 2.25 mm DPNs (or equivalent size for your sock gauge)

PATTERN

- Cast on 56 (64) [72] stitches.
- K2, p2 – 2x2 ribbing for 2” or desired cuff length.
- Begin working charted Teeth pattern across the front and back of the sock until leg reaches desired length, preferably ending on row 12 or 24.
- Cut CC yarn, work the heel in MC yarn:

OPTION A: Short Row Heel

- Work in the Fish Lips Kiss Heel in the MC yarn (or substitute any short row heel that you prefer).

OPTION B: Heel Flap and Gusset

Heel Flap:

- Divide for the heel so that 28 (32) [36] stitches for the top of the foot are held on one side and the other 28 (32) [36] stitches are being worked.
- Row 1: [sl 1, k1] repeat
- Row 2: p across
- Repeat until 28 (32) [36] rows are worked.



Heel Turn:

- Row 1: sl 1, k 15 (17) [19], k2tog, k1, turn
- Row 2: sl 1, p 5, p2tog, p1, turn
- Row 3: sl 1, k until 1 before the gap created by turning the work, k2tog, k1, turn
- Row 4: sl 1, p until 1 before the gap created by turning the work, p2tog, p1, turn

- Repeat rows 3-4 until all stitches are worked.

- Pick up 14 (16) [18] stitches along the left edge of the heel flap and k with needle 1.
- Knit the stitches for the foot on needle 2 in pattern, reconnecting the CC if needed to continue the pattern.
- Pick up 14 (16) [18] stitches along the right edge of the heel flap and knit across picked up stitches and halfway across the turned heel with needle 3. Shift the remaining heel turn to needle 1 so that there an equal amount of stitches on needles 1 and 3.

- Place a stitch marker on needle 1 after 14 (16) [18] stitches (counting from right to left) and place a stitch marker on needle 3 after 14 (16) [18] stitches (counting from left to right).
- Continue working the Teeth charted pattern across the top of the sock and start working the Sole pattern across the 28 (32) [36] stitches between the markers on the bottom of the sock. Knit MC for the gusset decreases.

Gusset Decreases:

- Round 1:
 - Needle 1: K in color pattern until 3 st before the end of the needle, k2tog, k1
 - Needle 2: Continue in charted pattern Teeth
 - Needle 3: k1, ssk, k in color pattern
- Round 2: k in established pattern
- Repeat rounds 1-2 until needles 1 and 3 total 28 (32) [36] stitches.

- Continue knitting the foot with the top of the sock in the established charted pattern Teeth (needle 2) and the bottom of the sock in the established charted pattern Sole (needles 1 and 3) until the sock measures 2" short of the desired sock length.

Toe Decreases:

Round 1:

Needle 1: K in MC until last 3 stitches, k2tog, k1

Needle 2: K1, ssk, k until last 2 stitches, k2tog, k1

Needle 3: k1, ssk, k until the end of the needle

Round 2: knit round

Repeat rounds 1-2 until 16 stitches total are remaining.

Move the stitches so that they are divided evenly on two needles and use kitchener stitch to close the toe.

64 Stitches – Sole

	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
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